International Conference

Psychology & Music

Interdisciplinary Encounters

Programme & Timetable

LJUBLJANA 2026

October 14 - 17

UNIVERSITY OF LJUBLJANA | AG Academy of Music

Programme by Day

Select a day to view the schedule

Wednesday, October 14, 2026

Thursday, October 15, 2026

Friday, October 16, 2026

Saturday, October 17, 2026

Psychology & Music
Interdisciplinary Encounters
LJUBLJANA 2026

Psychology & Music
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Wednesday, October 14, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

15:30 – 16:30

Entrance Hall, Ground Floor

Registration of participants and attendees

16:30 – 16:45

Julij Betetto Hall, 1st Floor

Opening ceremony

Greeting music

Welcome speeches:

KAROLINA ŠANTL ZUPAN
Dean of the Academy of Music, University of Ljubljana (SI)

KATARINA HABE
Chair of the Organizing Committee, University of Ljubljana, Academy of Music (SI)

BLANKA BOGUNOVIĆ
RNPaM Coordinator, University of Arts, Faculty of Music (SRB)

16:45 – 17:45

Julij Betetto Hall, 1st Floor

Chair:
KATARINA BOGUNOVIĆ HOČEVAR
University of Ljubljana, Faculty of Arts (SI)

Keynote speaker

CAROLINE CURWEN
Durham University (UK)

When Music Paints: Colour, Emotion, and Imaginative Listening

17:45 – 18:30 **Workshop session 1**			17:45 – 18:15 *Trio Lorenz Hall, 1st Floor* **Coffee with Caroline Curwen**[1] *Chair:* **ANJA PAHOR** *Brain Game Center, University of Maribor, Faculty of Education (SI)*
Marijan Lipovšek Hall, 1st Floor **Workshop 1** **NINA ROTNER** *MDW, Vienna, Austria* **Restoring Ease and Self-Regulation: An Experiential Introduction to the Alexander Technique for Musicians**	*Julij Betetto Hall, 1st Floor* **Workshop 2** **DRAGANA FILIMONOVIĆ** *Zdrave vibracije, Sremska Mitrovica, Serbia* **Relax Concerts with Breathing – An Integrative Approach of Music and Breathing Techniques in Mental Health Care**	*Primož Kuret Hall, Ground Floor* **Workshop 3** **BARBARA TANZE** *Zavod Voice up, Begunje pri Cerknici, Slovenia* **Inquiry-Based Learning Principles and Breathwork – A Somatic Exploration**	
18:30 – 19:30 *Entrance Hall, Ground Floor* **Welcome drink**			
19:30 *Ursuline Church of the Holy Trinity* Slovenska cesta 21, 1000 Ljubljana **Concert** **Herning Kirkes Drengekor** Asbjørn Dalmgaard Faleide, conductor **Fantje Zavoda Sv. Stanislava** Tine Bec, conductor			

[1] *This is an informal 30-minute discussion with the keynote speaker, moderated by a chair. It offers participants an opportunity to ask further questions and continue the conversation in a relaxed setting.*

Psychology & Music
Interdisciplinary Encounters
LJUBLJANA 2026

Thursday, October 15, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

8:00 – 9:00

Entrance Hall, Ground Floor

Registration of participants and attendees

9:00 – 10:00

Julij Betetto Hall, 1st Floor

Greeting music

Chair:
MARUŠA LAURE
University of Maribor, Faculty of Education (SI), Northeastern University, Boston, MA (USA)

Keynote speaker

PAUL HARRIS
Royal Academy of Music (UK)

Toward Integrated Musicianship:
Linking Psychological Processes and Music Education

10:00 – 10:30

Entrance Hall, Ground Floor

Coffee & tea

10:00 – 10:30

Primož Kuret Hall, Ground Floor

Coffee with Paul Harris

Chair:
ANKA SLANA OZIMIČ
University of Ljubljana, Faculty of Arts (SI)

10:30 – 11:15

Workshop session 2

Marijan Lipovšek Hall, 1st Floor

Workshop 4

CHERYL OCKRANT
York University, Toronto, Canada

How Free Improvisation Can Bridge from Trauma and Anxiety to Performing with Joy

Trio Lorenz Hall, 1st Floor

Workshop 5

EVANGELIA PAPANIKOLAOU & ARTEMIS CHRISTODOULOU
SONORA Organisation for Music Therapy & Research, Athens, Greece

Music Breathing for Well-Being: A Music-Centred and Mindfulness-Oriented Practice

Primož Kuret Hall, Ground Floor

Workshop 6

MILENA LIPOVŠEK
SFU, Ljubljana, Slovenia

Body-Mind Healing with Music: Psychotherapy Beyond Words

11:15 – 12:30

Symposium session 1

Marijan Lipovšek Hall, 1st Floor

Symposium 1:
The Motivation, Well-Being, and Aspirations of Music School Students

JOSIP ŠABIĆ
Institute for Social Research in Zagreb, Zagreb, Croatia

1. **Pikić Jugović, I., Šabić, J. & Petrović, D.** *Under Pressure: Self-Compassion, School–Life Imbalance, and Life Satisfaction in Music School Students*

2. **Vukelić, A., Brković, I. & Butković, A.** *Motivation and Music Performance Anxiety in Music Education*

3. **Šabić, J., Puzić, S. & Petrović, D.** *Why Some Young Musicians Aim Higher: How Psychological Need Satisfaction and Cultural Participation Shape Higher Music Education Goals*

Trio Lorenz Hall, 1st Floor

Symposium 2:
The Diversity of Music Therapy Practice and Domains

ŠPELA LOTI KNOLL
Institute Knoll for Music Therapy and Supervision, Academy of Music, University of Ljubljana, Ljubljana, Slovenia

1. **Simčič, K.** *Creative Interventions in Group Music Therapy for People with Dementia: A Qualitative Case*

2. **Trček, E.** *Implementation of Music Therapy in Primary Schools*

3. **Kerševan, R.** *Music Therapy Approaches in Working with Children with Autism Spectrum Disorder Aged 5 to 12*

4. **Gabršček P. & Knoll, Š.L.** *Adaptation of Music Therapy Methods Across Client Groups: A Comparative Clinical Framework*

12:30 – 14:15

Julij Betetto Hall, 1st Floor

Chair:
EVA BOŠTJANČIČ
University of Ljubljana, Faculty of Arts (SI)

Presentations of new books

12:30 – 12:50	**ANA BUTKOVIĆ & SANJA KIŠ ŽUVELA** Butković, A., & Kiš Žuvela, S. (Eds.). (2026). *Proceedings of the 3rd International Conference "Psychology and Music – Interdisciplinary Encounters", Zagreb, 23–26 October 2024*. University of Zagreb, Faculty of Humanities and Social Sciences and Academy of Music.
12:50 – 13:10	**KATARINA HABE** Habe, K. (2025). *How to Shine on Stage: Factors of Successful Musical Performance*. University of Ljubljana, Academy of Music, and University of Primorska Press.
13:10 – 13:15	**Movement break with Katarina Habe**
13:15 – 13:35	**DRAGANA FILIMONOVIĆ** Nešić, D. (2012). *Vežbanje bez vežbe*. Beoknjiga.
13:35 – 13:55	**ALJA GREGORINČIČ & ILONKA PUCIHAR** Gregorinčič, A. & Pucihar, I. (2024). *Joga za psihofizično zdravje in blagostanje glasbenikov*. University of Ljubljana, Academy of Music.
13:55 – 14:15	**LIA KATARINA KOMPAN ERZAR & PETRA BRDNIK JUHART** Habe, K., Kompan Erzar, K. & Brdnik Juhart, P. (2025). *Glasba zdravi: vloga glasbe v pediatričnem okolju [online]. Znanstvena monografija*. University of Ljubljana, Academy of Music, and University of Primorska Press.

14:15 – 15:45

Lunch break

15:45 – 17:15

Symposium session 2

Primož Kuret Hall, Ground Floor	*Julij Betetto Hall, 1st Floor*	*Trio Lorenz Hall, 1st Floor*
Symposium 3: **Music Education and Positive Outcomes in Adulthood**	**Symposium 4:** **Music as a Facilitator of Sustainability**	**Symposium 5:** **Bridging Music, Autism, and Neurodiversity-Affirming Research**

ANA BUTKOVIĆ
Faculty of Humanities and Social Sciences, Zagreb, Croatia

1. Marušić, I. & Šabić, J. *Initial Motivation and Work Engagement in Music Teachers: The Mediating Roles of Self-Efficacy and Absorption into Teaching*

2. Petrović, D. *When Musician and Teacher Identities Meet: Motivational Processes in Music Teachers' Professional Persistence*

3. Sudar, D., Žauhar, V. & Butković, A. *The Role of Music Education During Lifetime for the Well-Being of Older Adults*

KATARINA HABE
Academy of Music, University of Ljubljana, Ljubljana, Slovenia

1. Kompan Erzar, K.L. & Kobal Grum, D. *Evaluating Music Interventions for Adolescents: A Well-Being-Social Sustainability Toolkit*

2. Dobrota, S. & Čorić, A. *Research on Music Education and Sustainability: A Systematic Literature Review*

3. Knoll. Š.L. *Music Therapy and Sustainability – Systematic Review Following PRISMA Guidelines, Synthesizing Clinical and Sustainability Perspectives.*

4. Blagojević, J. & Habe, K. *Music-Based Interventions as Pathways to Social Inclusion, Well-Being, and Social Sustainability Among Vulnerable Adolescents and Young Adults*

5. Ivec, A. & Habe, K. *Sustainability in the Works of Slovenian Composers*

6. Pučko, Š., Kumar, U., Gorič, T. & Habe, K. *The Inclusion of Vulnerable Groups in Slovenian Cultural Institutions as a Factor in Social Sustainability*

7. Klavžar, S., Bonin, M, & Kuković, K. *Water Workshop – Inspired by the Water Percussion Works of Tan Dun*

KAJA KOROŠEC
Royal College of Music in Stockholm, Stockholm, Sweden; Karolinska Institute, Stockholm, Sweden

1. Heaton, E.P. *Why Study Music and Autism?*

2. Redondo Pedregal, C. & Heaton, P. *The Musical Bridge: A Music-Based Activity to Facilitate Emotion Recognition and Understanding for Autistic Adolescents*

3. Sevšek, K. *Experience Matters? Psychological Readiness of Teachers for Inclusive Music Teaching and the Role of Experience in Teaching Students with Autism*

4. Korošec, K. *Building a Unified Framework: Synthesizing the Lived Musical Experiences of Autistic Adults*

5. Bojner Horwitz, E. *How Could a Body Sound? Embodied Evaluation Methods in Autism and Music Research*

17:15 – 17:30

Quick refreshment / movement break

17:30 – 19:00

Julij Betetto Hall, 1st Floor

Round Table: RNPaM as a Road to Sustainable Regional Networking

BLANKA BOGUNOVIĆ
Faculty of Music, University of Arts, Belgrade, Serbia

ENA BRDAR PLAKALO
Academy of Music, University of Sarajevo, Bosnia and Herzegovina

IVANA STEPANOVIĆ ILIĆ
Faculty of Philosophy, University of Belgrade, Serbia

KATARINA HABE
Academy of Music, University of Ljubljana, Slovenia

SANJA KIŠ ŽUVELA
Academy of Music, University of Zagreb, Croatia

THOMAS LENNIE
American University in Bulgaria, Bulgaria

19:00 – 20:30

Entrance Hall, Ground Floor

Guided tour through Ljubljana

Psychology & Music
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LJUBLJANA 2026

Friday, October 16, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

9:00 – 10:00

Julij Betetto Hall, 1st Floor

Greeting music

Chair:
KATARINA HABE
University of Ljubljana, Academy of Music (SI)

Keynote speaker

DIANNA T. KENNY
University of Sydney (AU)

Music Performance Anxiety: Contested Issues

10:00 – 10:30

Entrance Hall, Ground Floor

Coffee & tea

10:00 – 10:30

Primož Kuret Hall, Ground Floor

Coffee with Dianna T. Kenny

Chair:
ANA BUTKOVIĆ
University of Zagreb, Faculty of Humanities and Social Sciences (CRO)

10:30 – 11:15

Workshop session 3

Julij Betetto Hall, 1st Floor	*Marijan Lipovšek Hall, 1st Floor*
Workshop 7	**Workshop 8**
TADEJA MRAZ NOVAK *University of Ljubljana, Faculty of Education, Slovenian Carl Orff Society (SDCO), Tončke Hočevar Community Care and Work Centre for Adults with Intellectual and Physical Disabilities, Ljubljana, Slovenia*	**SÍLVIA MENDONÇA** *CESEM – NOVA FCSH, Lisbon, Portugal*
Music Activities for Adults with Intellectual and Physical Disabilities: Emotional Regulation in Community Practice	**Till Silence – Reimagining the Soundscape of Death**

11:15 – 12:45

Oral presentations session 1

	Julij Betetto Hall, 1st Floor **Music and Individual Differences** *Chair:* **VALNEA ŽAUHAR** *University of Rijeka, Faculty of Humanities and Social Sciences (CRO)*	*Marijan Lipovšek Hall, Ground Floor* **Music and Well-Being** *Chair:* **EVA BOJNER HORWITZ** *KMH Royal College of Music (SE)*	*Trio Lorenz Hall, 1st Floor* **Processing Music** *Chair:* **RICHARD PARNCUTT** *University of Graz, Department of Psychology (AU)*	*Primož Kuret Hall, Ground Floor* **Music Performance** *Chair:* **ILONKA PUCIHAR** *University of Ljubljana, Academy of Music (SI)*
11:15 – 11:30	**"Between Enthusiasm and Doubt": The Attitude of Instrument Teachers Towards the Use of Digital Technologies in Music Education** **Daniel Eyer**, Tina Bohak Adam, Matevž Pesek	**The Strong Effects of Music to Help Sleep: The Impact of Preference** **Rory Kirk**, Renee Timmers	**The Psychology of Music Within Bulgarian Arranged Folk Music: A Cross-Cultural and Neuroscientific Perspective** **Clément Baulot-Souckov**	**The Alexander Technique in Higher Music Education: Enhancing Musical Performance Through Embodied Awareness** **Nina Rotner**
11:30 – 11:45	**Reframing Music Performance Anxiety: An Ecosystemic Study of Musical Performance** **Natalija Šimunovič**, Katarina Habe	**Choosing a Classical Music Career: Motivational Dimensions and Mental Well-Being Among Hungarian Music University Students** **Judit Váradi**	**Tonal Processing Across Auditory and Visual Modalities** **Ena Plakalo**, Nerma Hodžić-Mulabegović, Senad Kazić	**International Musicians' Health Project** **Aleksandra Fedorova**

11:45 – 12:00	**Music in Everyday Life: How Daily Musical Experiences Shape Emotion and Social Feeling** **Agnieszka Siry**, Romuald Polczyk	**Who Do Serbian Adolescents Admire? Musicians as Role Models and Links to Well-Being and Risk Behaviours** **Ivana Stepanovic Ilic**	**When DO is SOL: Parallel Use of Absolute and Relative Solmization** **Ida Vujović**	**Permission to Fail: Cultivating Positive Performance Experiences Through Improvisational Theatre** **Jenifer Yáñez Villahermosa**
12:00 – 12:15	**1-0 for Orff – Do Game Situations Promote Performance? Discussion of Study Results on the Internalization of Elemental Musical Skills** **Werner Rohrer**	**A Case Study Investigating Intermediate Musicians and the Effects of a Practice Diary on Practice Behaviours and Self-Regulated Learning** **Peter Weiner**, Matthew McGrory	**Instrument-Specific Absolute Pitch: Mechanisms and Prevalence Across Musical Specializations** **Niels Chr. Hansen**, Mònica Tort, Angelos Thomas Karelias, Lindsey Reymore	**Piano Performance of Béla Bartók's Two Elegies. Using References Toward Modelling an Integrative Practice Perspective of Musical Components and Their Expressivity – A Case Study** **Maria Bernardete Castelan Póvoas**
12:15 – 12:30	**Temporal Experience During Jazz Improvisation: External Structure Versus Internal Engagement** *Online presentation* **Lígia Borges Silva**, Pedro Palhares, Luis Castro, Óscar Gonçalves	**"Comfortably Numb": Attachment Patterns and Music-Based Mood Regulation in Adolescence** **Anđela Milošević**	**Exploring Eye Movement Patterns During Analysing Music and Piano Sight-Reading Among Music Students in Croatia** **Sanja Kiš Žuvela**, Ivor Prajdić	**Brightness-Related Timbral Change as a General Cue for Affective Arousal** **Matthew Cole**
12:30 – 12:45	**Unlocking Flow in Novice Improvisors. How Task Design and Self-Regulation Shape Creative Experiences in Music Education** **Filip Verneert**, Jo Stijnen	**Music Therapy as a Psychosocial Intervention in the Treatment of Substance Use Disorders** **Špela Repar**	**The Effect of Cognitive Training on the Reproduction of Musical Notation in a Musical Memory Task** **Senka Vasović**, Milica Popović Stijačić	**Perceived Benefits of Choral Singing and Well-Being Among Youth: Gender Differences** **Jovana Blagojević**, Katarina Habe
12:45 – 13:00 **Quick refreshment / movement break**				

13:00 – 14:00

Hall, Ground Floor

Poster session

Troubadour, a Music-Theory Enhancer Application: Staying in Touch with Music and Learning Music Theory
Jure Juvan, Bor Pangeršič, Maja Ambrožič, Marija Absec, Matija Marolt, Klara Žniderščič, Matevž Pesek

Modern Approaches to Accessing Audio Materials and Their Use by Music Teachers in Slovenia
Neža Kavčič, Tina Bohak Adam

The Latent Structure of the Serbian Translation of Krause et al.'s Scale for Assessing Well-Being Benefits of Music Participation
Dejana Mutavdžin, Ana Altaras

Relational Needs Satisfaction and Flow Experience Among Choral Singers
Karolina Marc, Boštjan Bajec, Katarina Habe

Maladaptive Perfectionism and Music Performance Anxiety in Music Students: The Mediating Role of Impostor Syndrome
Petra Štibelj, Gaja Zager Kocjan, Katarina Habe

The Impact of Participation in Youth Opera on Adolescents' Social and Emotional Learning
Ajda Vardjan

Dynamics of Lived and Re-Lived Experiences in Self-Selected Emotionally-Moving Musical Moments
Caroline Owen, Andrea Schiavio

Promoting Mindfulness in Primary Schools through Music
Anja Vodošek, Špela Pučko

From Confidence to Anxiety: The Role of Self-Esteem in Stage Performance Anxiety among North Macedonian Musicians of Different Genders
Simona Jovcevska, Jasna Dimitrovska

The Connection Between Personality Characteristics and the Emotions Experienced While Listening to Music
Brina Zamrnik, Andreja Avsec, Katarina Habe, Sara Mihalič, Matevž Pesek, Anka Slana Ozimič

Trubadurček: Interactive Platform for Early Music Education
Maja Ambrožič, Matevž Pesek, Jure Juvan

From Concert to Cubicle: Associations Between Recovery Experiences at Live Music Events and Next-Day Work Functioning
Sara Bugarinović, Eva Boštjančič

Perception of Emotion in Classical Singers' Audio, Body Language, and Facial Expressions
Julie Howard, Anika Hendriksen

Music, Prosociality, and Prejudice: Conditions and Psychological Mechanisms
Agnieszka Siry, Romuald Polczyk

Professor Support, Self-Efficacy, and Musical Performance Anxiety
Ema Petavar, Gaja Zager Kocjan, Katarina Habe

Observing Well-Being in a Paediatric Waiting Room: Baseline Findings Informing the Development of Music Interventions
Peter Šušteršič, Miha Vidrih

Interpretative Processes in Children's Choirs
Doris Keršič

Lullabies and Children's Psychological Well-Being in Paediatric Hospitals: A PRISMA Systematic Review
Katarina Benedik Kafol, Katarina Habe

A Multilevel Management Model of Performance Anxiety in Music Based on a Neuroscience Framework
Jiazhe Zhang

14:00 – 15:30

Lunch break

15:30 – 16:45

Oral presentations session 2

	Breda Oblak Hall, 3rd Floor **Music Potential and Development** *Chair:* **PETRA BRDNIK JUHART** *University of Ljubljana, Faculty of Education (SI)*	*Marijan Lipovšek Hall, 1st Floor* **Music Performance** *Chair:* **BLANKA BOGUNOVIĆ** *University of Arts, Faculty of Music, RNPaM Coordinator (SRB)*	*Trio Lorenz Hall, 1st Floor* **Processing Music** *Chair:* **SANJA KIŠ ŽUVELA** *University of Zagreb Academy of Music, Department of Musicology (CRO)*	*Primož Kuret Hall, Ground Floor* **Processing Music** *Chair:* **ANJA PAHOR** *Brain Game Center, University of Maribor, Faculty of Arts (SI)*
15:30 – 15:45	**From External Support to Artistic Autonomy: Adolescence in the Development of Organists' Musical Potential** **Tjaša Drovenik Adamec**, Bojan Kovačič	**Critical Issues in Music Higher Education (HE) Pedagogy and Policy: An Exploration of Music Performance Anxiety (MPA) in HE Vocal Students** **Yi Wang**	**Feeling in Real Time vs Faking Feelings or The Limits of AI in Music Performance?** **László Stachó**	**Feasibility and Usability of a Remotely Delivered, Scalable Attention-Based Music Listening Intervention for Older Adults** **Maruša Laure**, Cloie Dobias, Aleš Maurič, Federick Gallun, Aaron Seitz, Susanne Jaeggi
15:45 – 16:00	**Self-Determination Theory as a Framework for a Pre-Dropout Intervention in Music Education** **Ana Kavčič Pucihar**, Katarina Zadnik, Brina Zamrnik, Petja Plamberger	**Rethinking Music Performance Anxiety: Improvisation, Musical Identity, and Evaluative Performance Contexts** **Bella Zhang**, Jiarui Zhang	**The Paradox of Understanding Otherness in the Opera *The Knock*** *Online presentation* **Tamara Furlan**	**Sacred Organ Music in the Vatican Setting: Cellular Homeostasis, Health and Longevity Implications** **Yelena Istileulova,** Veronika Kralj-Iglič
16:00 – 16:15	**Self-Assessment During the Development of Musical Skills in the University Classroom** **Gabrielle Kaufman**, Marta Dosaiguas	**Physical and Psychological Challenges in Music Performance: How to Deal with Performance Anxiety?** **Ivana Franceschi**	**The Archetype Role of Gregorian Chant: Liturgical Inculturation Between Theological Ideal and Pastoral Reality** **Cecilija Oblonšek**	**Harmonics of Reality: From Musical Acoustics to Quantum Fields and the Cosmos** **Brij Kishor Jashal**

16:15 – 16:30	**Sounding Myself: Musical Creativity of Young People in the Digital Age** **Jelena Martinović-Bogojević**	**How Does Listening to Grieg and Shostakovich Affect Adolescents' Feelings During Music Lessons?** **Valnea Žauhar**, Sabina Vidulin, Marlena Plavšić	**Music and Cognition During Infancy and Beyond** **Elif Özgür**, Federica Vignali, Ulrike Frischen, Franziska Degé, Gudrun Schwarzer	**Why Speech and Music Differ in Transmission Range as a Result of the Evolutionary Changes of Their Distinct Processing and Production Mechanisms** **Piotr Podlipniak**
16:30 – 16:45	**And Where is the Creativity? A Qualitative Analysis of Teachers' Perspectives on Creative Processes in Music** **Marina Novak**	**The Ensemble of Expertise: A Transdisciplinary Team Approach for Musicians' Rehabilitation Following Occupation-Related Injury** **Bridget Rennie-Salonen**, Bronwen Ackermann		**Piagetian Conservation in Music Listening: A Developmental Framework for Stylistic Sensitivity** **Vesna Živković**

16:45 – 17:00

Quick refreshment / movement break

17:00 – 18:30

Julij Betetto Hall, 1st Floor

Music Programme: The musical *Annie and Mary*

Music School Horjul
&
Students of Academy of Music University of Ljubljana

This heartwarming and lively musical tells the story of Annie and Mary, two young orphaned sisters who dream of a better life. Their optimism and kindness inspire hope and courage as they search for their family, discovering the true meaning of friendship and family along the way. The story emphasizes the importance of maintaining hope and positivity throughout life, regardless of circumstances. When Annie and Mary arrive at the house of Mr Warbucks, the gloomy, wealthy businessman, they bring a renewed sense of optimism to his life. This leads him to set his sights on creating a brighter future for the children in the orphanage.

Collaboration project
Project-based learning in music school through the realization of a musical

Javni razpis Problemsko učenje študentov v delovno okolje: gospodarstvo, negospodarstvo in neprofitni sektor v lokalnem/regionalnem okolju 2024-2027

REPUBLIKA SLOVENIJA
MINISTRSTVO ZA VISOKO ŠOLSTVO, ZNANOST IN INOVACIJE
I FEEL SLOVENIA
Sofinancira Evropska unija

19:00 – 23:00

Conference dinner

Psychology & Music
Interdisciplinary Encounters
LJUBLJANA 2026

Saturday October 17, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

9:00 – 10:00

Julij Betetto Hall, 1st Floor

Greeting music

Chair:
KATARINA BABNIK
University of Ljubljana, Faculty of Arts (SI)

Keynote speaker

ANA BUTKOVIĆ
Faculty of Humanities and Social Sciences, University of Zagreb (CRO)

Individual Differences and Perspectives in Music Research and the Social Sustainability Goal of Well-Being

10:00 – 10:30

Entrance Hall, Ground Floor

Coffee & tea

10:00 – 10:30

Primož Kuret Hall, Ground Floor

Coffee with Ana Butković

Chair:
JELENA MARTINOVIĆ BOGOJEVIĆ
University of Montenegro, Music Academy (MNE)

10:30 – 11:15

Workshop session 4

Julij Betetto Hall, 1st Floor	*Primož Kuret Hall, Ground Floor*	*Marijan Lipovšek Hall, 1st Floor*
Workshop 9 **ILONKA PUCIHAR** *University of Ljubljana, Academy of Music, Ljubljana, Slovenia* **Embodied Music Making: A Body-Mind Centering® Approach for Musicians**	**Workshop 10** **JAKA VID ŠKAPIN** *The Well: Global Vocal Improvisation Network, Ljubljana, Slovenia* **NEŽA PELE** *Independent Practitioner, Radomlje, Slovenia* **ŠPELA PETERSON – NAYELI** *MOAVE, Zagorje, Slovenia* **Voice and Movement Improvisation as a Health and Care Practice of Holistic Well-Being**	**Workshop 11** **ARIJAN MAČAK** *University of Ljubljana, Academy of Music, Ljubljana, Slovenia* **ANA KAVČIČ PUCIHAR** *University of Ljubljana, Academy of Music, Ljubljana, Slovenia* **Playing by Heart: Memorization as Artistic Freedom in Saxophone Performance**

11:15 – 12:30

Oral presentations session 3

	Breda Oblak Hall, 3rd Floor **Music and Social Context** *Chair:* **KATARINA LIA KOMPAN ERZAR** *University of Ljubljana, Faculty of Theology (SI)*	*Marijan Lipovšek Hall, 1st Floor* **Music and Well-Being** *Chair:* **ŠPELA LOTI KNOLL** *Institute Knoll for Music Therapy and Supervision (SI)*	*Trio Lorenz Hall, 1st Floor* **Music and Well-Being** *Chair:* **JOVANA BLAGOJEVIĆ** *University of Novi Sad, Faculty of Education in Sombor (SRB)*	*Primož Kuret Hall, Ground Floor* **Music and Well-Being** *Chair:* **SUVI SAARIKALLIO** *University of Jyväskylä, Department of Music, ESCOM President (FIN)*
11:15 – 11:30	**The Social-Emotional Skills and Well-Being of Roma Children – Can Music Make a Difference?** **Blanka Bogunović**, Ivana Stepanović Ilić, Anđela Milošević, Tara Veljković, Maša Brkanović, Emilija Maksimović	**Role of Music Therapy in the Development of Language Skills in Children with Autism Spectrum Disorder: A Systematic Literature Review** **Lucija Mlakar**, Vesna Posavčević	**"I'll Give You a Sort of Little Story": Young Men's Musical Lives and the Impact of Music Engagement on their Mental Well-Being, In the Periphery of Cornwall** **Alex Theophilus**	**"The Answer is Blowing in the (Wood)Wind": Inconsistent Instrument Hygiene May Be Associated with Respiratory Illness in Wind Players** **Gerard Breaden Madden**, Steffen A. Herff, Eckart Altenmüller, Maria Schuppert, Michael Pfeifer, Hans-Christian Jabusch

11:30 – 11:45	**Universals and Archetypes in Music** **Leon Stefanija**	**Circle Singing in Higher Education: An Empirical Study on English Pronunciation, Aural Perception Skills, and Well-Being** *Online presentation* **Giuseppe Pantano**, Susanna Zanella Cavallero, Amalia Lavinia Rizzo	**Music and Well-Being – Mental, Physical and Social** **Alma Zubovic**	**Breathing Through Sound; Wind Instrument Performance and the Regulation of Asthma** **Ana Komlenić**, Predrag Okiljević
11:45 – 12:00	**Exploring Factors that Shape Early Adolescents' Interest in General Music Education** **Petra Brdnik Juhart**, Barbara Sicherl Kafol	**The Rehabilitation and Therapeutic Potential of Music Classes in Families with a Pulmonary Sick Child** **Alla Toropova**, Tatiana Lvova	**Music-Based Loneliness Regulation: A Mixed-Methods Survey Identifying Affective and Affiliative Pathways** **Jenny Groarke**, Suvi Saarikallio, Phoebe McKenna-Plumley	**The Relationship Between Socio-Emotional Contributors to Musical Success, Musical Success and Psychological Well-Being** **Dejana Mutavdžin**, Ana Altaras
12:00 – 12:15	**Cognitive and Prosocial Effects of Daily Choral Singing at School** **Cédric Hubert**, Aline Frey	**Using Elements of Music Therapy in Piano Education in Working with Children with Autism Spectrum Disorders** **Marija Čikara**	**Learning from Non-WEIRD Communal Musicking: Towards Intercultural Frameworks of Music for Well-Being** *Online presentation* **Vanessa Rogeiro**	**The Mysterious Effects of Standing Bells: Do They Activate a Prenatal Schema?** **Richard Parncutt**
12:15 – 12:30	**Exploring Individual and Age-Related Differences in Children's Music-Inspired Narratives** **Caroline Owen**, Andrea Schiavio	**Supporting Bow Control Through Qigong: A Case Study on Postural–Motor Integration in a Violinist with Dyslexia** **Susanna Zanella Cavallero**, Giuseppe Pantano, Amalia Lavinia Rizzo	**Musical Experience in Vincent d'Indy's Thought: From the Concept of Emotion to Phenomenological Perspectives** **Elena Rovenko**	**Singing and Vocal Expression in Musical Arts Assistance: A Theoretical Review** **Blažka Garmut**
12:30 – 12:45 **Quick refreshment / movement break**				

12:45 – 14:15

Oral presentations session 4

	Breda Oblak Hall, 3rd Floor **Music and Social Context** *Chair:* **KATARINA BOGUNOVIĆ HOČEVAR** *University of Ljubljana, Faculty of Arts (SI)*	*Marijan Lipovšek Hall, 1st Floor* **Music and Social Context** *Chair:* **LEON STEFANIJA** *University of Ljubljana, Faculty of Arts (SI)*	*Trio Lorenz Hall, 1st Floor* **Music and Well-Being** *Chair:* **KAJA KOROŠEC** *KMH Royal College of Music (SE)*	*Primož Kuret Hall, 1st Floor* **Music and Affect** *Chair:* **CLOIE DOBIAS** *Northeastern University, Boston, MA (USA)*
12:45 – 13:00	**Increasing Social Cohesion through Improvisation in 5th Grade Music Classrooms** **Alja Krevel**, Katarina Habe, Jerneja Žnidaršič	**Music Criticism and Psychology in German-Language Discourse Around 1920** **Ya'qub Yonas N. El-Khaled**	**Feeling Good, Doing Well: Music Listening as a Resource to Support Hedonic and Eudaimonic Well-Being** **Margarida Baltazar**, Friederike Koehler, Suvi Saarikallio	**Late Adolescents as Advisors: A Developmental Perspective on Implicit Theories of Music-Based Emotion Regulation** **Anđela Milošević**
13:00 – 13:15	**Collaborative Pedagogy in Music Education: A Study of Project-Based Learning via Musical Theatre** **Ilonka Pucihar**, Katarina Zadnik, Ajda Furlan, Zarja Škaper	**Does Playing Music Predict Young Adults' Political Attitudes? Findings from the Socio-Economic Panel Study (SOEP, 2001-2021)** **Gunter Kreutz**, Naomi Ziv, Michael Feldhaus	**The Association Between Everyday Music Listening and Mental Health in Adults with Hearing Loss – A Survey Study** *Online presentation* **Addie Beckwith**, Adelaide Beckwith, Duncan Williams, Robert Bendall	**Music as Access to Archetypal Content: A Systematic Dream Analysis Approach** **Helena Dukić Satinović**
13:15 – 13:30	**Micro-Strategies for Psychological Safety in Inclusive Children's Opera Rehearsals: A Brundibar Case Study Within the Music of Hope Programme (Serbia)** **Đurđa Papazoglu**	**The Role of Traditional Singing in the Preservation of Cultural Identity** **Sofija Vučićević**	**Changes in the Reactions of People with Dementia Within and Between Individualized Music Listening Sessions** **Lisa Fischer**, Lisette Weise, Gabriele Wilz	**Musical Emotions and Semantics** **Konstantin Zenkin**

13:30 – 13:45	**Teaching Music to Children with Autism Spectrum Disorder: From Individual to Group Setting – A Case Study** **Radmila Knežević**	**The Sensitive Soldier: The Effect of Playing Music and Military Uniform on Women's Attraction Ratings of a Young Male** **Naomi Ziv**, Gilad Eisenberg	**Overview of HUMS - Descriptive Review of Research Citing the Healthy-Unhealthy Music Scale** **Suvi Saarikallio**, Michael Silverman, Julia Vigl, Lana Lee, Michelle Whetsell	**Emotion Regulation Through Everyday Music Listening: Experience Sampling of European Youth** **William Randall**, Margarida Baltazar, Anastasios Mavrolampados, Suvi Saarikallio
13:45 – 14:00	**Music in the Daily Life of People with Dementia in Residential Care Facilities** **Eva Grebenc Slanič**, Klara Mestek	**Musical Neuroaesthetics** **Žiga Stanič**	**The Role of Music Listening in Supporting Identity in Women Undergoing Treatment for Breast Cancer** **Brigita Vilč**, Mislav Galić, Ivan Milas, Goran Šimić, Marina Šagud	**Embodied Microtonal Practice and Affective Learning Strategies in Advanced Jazz Musicians** **Philipp Gerschlauer**
14:00 – 14:15	**Multimodal Communicative Scaffolds in Music and Language** **Luis Alejandro Villanueva**	**Reducing Barriers to Classical Music Listening: Audience Engagement through the "1, 2, 3 ... bis!" Podcast of the Slovenian Philharmonic** **Tea Gorič**, Sonja Sibila Lebe	**Health Promotion in Music Education: Musicians' Health Literacy as a Conceptual Framework** **Bridget Rennie-Salonen**, Suzanne Wijsman, Alison Evans	**Longitudinal Patterns in Contextual and Holistic Self-Regulated Learning and Their Relationship to Significant Events: A Bayesian Analysis** **Peter Weinert**, Trevor Hefley, Abraham Arbelaez

14:15 – 14:30

Julij Betetto Hall, 1st Floor

Conference closing

Greeting music

Speech:

KATARINA HABE
Chair of the Organizing Committee, University of Ljubljana, Academy of Music (SI)