



International Conference

Psychology & Music

Interdisciplinary Encounters

Programme & Timetable

LJUBLJANA 2026

October 14 - 17



UNIVERSITY
OF LJUBLJANA

AG

Academy
of Music



UNIVERSITY
OF LJUBLJANA

FF

Faculty
of Arts

Programme by Day

Select a day to view the schedule

Wednesday, October 14, 2026

Thursday, October 15, 2026

Friday, October 16, 2026

Saturday, October 17, 2026



Psychology & Music
Interdisciplinary Encounters
LJUBLJANA 2026

Wednesday, October 14, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

15:15 – 16:15

Entrance Hall, Ground Floor

Registration of participants and attendees

16:15 – 16:45

Julij Betetto Hall, 1st Floor

Opening ceremony

Greeting music:

Stanko Jericijo (1928-2007): Variacije na “Lumen Christi”

Brest Lenarčič, organ
Mentor: Prof. Renata Bauer

Welcome speeches:

KAROLINA ŠANTL ZUPAN

Dean of the Academy of Music, University of Ljubljana (SI)

SAŠO JERŠE

Associate Dean of Doctoral Studies and Research, University of Ljubljana, Faculty of Arts (SI)

KATARINA HABE

Chair of the Organizing Committee, University of Ljubljana, Academy of Music (SI)

BLANKA BOGUNOVIĆ

RNPam Coordinator, University of Arts, Faculty of Music (SRB)

ŠPELA PUČKO

Member of the Organizing Committee, University of Ljubljana, Academy of Music (SI)

Music programme:

France Prešeren, Josip Michl: Nezakonska mati (Unwed Mother)

Manja Vačovnik, *soprano*
Prof. Vladimir Mlinarič, *piano*
Mentor: Prof. Barbara Jernejčič

16:45 – 17:45

Julij Betetto Hall, 1st Floor

Chair:

KATARINA BOGUNOVIĆ HOČEVAR
University of Ljubljana, Faculty of Arts (SI)

Keynote speaker

CAROLINE CURWEN
Durham University (UK)

When Music Paints: Colour, Emotion, and Imaginative Listening

17:45 – 18:30

Workshop session 1

17:45 – 18:15

*Trio Lorenz Hall,
1st Floor*

*Marijan Lipovšek Hall,
1st Floor*

Workshop 1

NINA ROTNER
MDW, Vienna, Austria

**Restoring Ease and
Self-Regulation: An
Experiential
Introduction to the
Alexander Technique
for Musicians**

*Julij Betetto Hall,
1st Floor*

Workshop 2

**DRAGANA
FILIMONOVIĆ**
*Zdrave vibracije, Sremska
Mitrovica, Serbia*

**Relax Concerts with
Breathing – An
Integrative Approach of
Music and Breathing
Techniques in Mental
Health Care**

*Primož Kuret Hall,
Ground Floor*

Workshop 3

**BARBARA CAMILLE
TANZE**
*Zavod Voice up, Begunje
pri Cerknici, Slovenia*

**Inquiry-Based
Learning Principles
and Breathwork – A
Somatic Exploration**

**Coffee with
Caroline Curwen¹**

Chair:
MARUŠA LAURE
*Brain Game Center,
University of Maribor,
Faculty of Education (SI)*

¹ Coffee with keynote speaker is an informal 30-minute discussion with the keynote speaker, moderated by a chair. It offers participants an opportunity to ask further questions and continue the conversation in a relaxed setting.

18:30 – 19:30

Entrance Hall, Ground Floor

Welcome drink

19:30

Ursuline Church of the Holy Trinity
Slovenska cesta 21, 1000 Ljubljana

Concert

Herning Kirkes Drengkor
Asbjørn Dalmgaard Faleide, *conductor*

Fantje Zavoda Sv. Stanislava
Tine Bec, *conductor*

Thursday, October 15, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

8:00 – 9:00

Entrance Hall, Ground Floor

Registration of participants and attendees

9:00 – 10:00

Julij Betetto Hall, 1st Floor

Greeting music:

Aldo Kumar (1954): Istrska suita
Cantando – Na dva, na tri, na štiri – Festoso

Chamber String Orchestra of the Academy of Music University of Ljubljana
Artistic Director and Concertmaster: Prof. Janez Podlesek

Chair:

ANJA PAHOR

Brain Game Center, University of Maribor, Faculty of Education (SI)

Keynote speaker

PAUL HARRIS

Royal Academy of Music (UK)

**Toward Integrated Musicianship:
Linking Psychological Processes and Music Education**

10:00 – 10:30 <i>Entrance Hall, Ground Floor</i> <u>Coffee & tea</u>	10:00 – 10:30 <i>Primož Kuret Hall, Ground Floor</i> <u>Coffee with Paul Harris</u> <i>Chair:</i> ANA KAVČIČ PUCIHAR <i>University of Ljubljana, Academy of Music (SI)</i>	
10:30 – 11:15 <u>Workshop session 2</u>		
<i>Marijan Lipovšek Hall, 1st Floor</i> <u>Workshop 4</u> CHERYL OCKRANT <i>York University, Toronto, Canada</i> How Free Improvisation Can Bridge from Trauma and Anxiety to Performing with Joy	<i>Trio Lorenz Hall, 1st Floor</i> <u>Workshop 5</u> EVANGELIA PAPANIKOLAOU & ARTEMIS CHRISTODOULOU <i>SONORA Organisation for Music Therapy & Research, Athens, Greece</i> Music Breathing for Well-Being: A Music-Centred and Mindfulness-Oriented Practice	<i>Primož Kuret Hall, Ground Floor</i> <u>Workshop 6</u> MILENA LIPOVŠEK <i>SFU, Ljubljana, Slovenia</i> Body-Mind Healing with Music: Psychotherapy Beyond Words
11:15 – 12:30 <u>Symposium session 1</u>		
<i>Marijan Lipovšek Hall, 1st Floor</i> Symposium 1: The Motivation, Well-Being, and Aspirations of Music School Students JOSIP ŠABIĆ <i>Institute for Social Research in Zagreb, Zagreb, Croatia</i>	<i>Trio Lorenz Hall, 1st Floor</i> Symposium 2: The Diversity of Music Therapy Practice and Domains ŠPELA LOTI KNOLL <i>Institute Knoll for Music Therapy and Supervision, Academy of Music, University of Ljubljana, Ljubljana, Slovenia</i>	

1. Pikić Jugović, I., Šabić, J. & Petrović, D. <i>Under Pressure: Self-Compassion, School–Life Imbalance, and Life Satisfaction in Music School Students</i> 2. Vukelić, A., Brković, I. & Butković, A. <i>Motivation and Music Performance Anxiety in Music Education</i> 3. Šabić, J., Puzić, S. & Petrović, D. <i>Why Some Young Musicians Aim Higher: How Psychological Need Satisfaction and Cultural Participation Shape Higher Music Education Goals</i>	1. Simčič, K. <i>Creative Interventions in Group Music Therapy for People with Dementia: A Qualitative Case</i> 2. Trček, E. <i>Implementation of Music Therapy in Primary Schools</i> 3. Kerševan, R. <i>Music Therapy Approaches in Working with Children with Autism Spectrum Disorder Aged 5 to 12</i> 4. Gabršček P. & Knoll, Š.L. <i>Adaptation of Music Therapy Methods Across Client Groups: A Comparative Clinical Framework</i>
12:30 – 14:15 <i>Julij Betetto Hall, 1st Floor</i> Chair: EVA BOŠTJANČIČ <i>University of Ljubljana, Faculty of Arts (SI)</i> <u>Presentations of new books</u>	
12:30 – 12:50	ANA BUTKOVIĆ & SANJA KIŠ ŽUVELA Butković, A., & Kiš Žuvela, S. (Eds.). (2026). <i>Proceedings of the 3rd International Conference “Psychology and Music – Interdisciplinary Encounters”</i>, Zagreb, 23–26 October 2024. University of Zagreb, Faculty of Humanities and Social Sciences and Academy of Music.
12:50 – 13:10	KATARINA HABE Habe, K. (2025). <i>How to Shine on Stage: Factors of Successful Musical Performance</i>. University of Ljubljana, Academy of Music, and University of Primorska Press.
13:10 – 13:15	Movement break with Katarina Habe
13:15 – 13:35	DRAGANA FILIMONVIĆ Nešić, D. (2012). <i>Vežbanje bez vežbe</i>. Beoknjiga.
13:35 – 13:55	ALJA GREGORINČIČ & ILONKA PUCIHAR Gregorinčič, A. & Pucihar, I. (2024). <i>Joga za psihofizično zdravje in blagostanje glasbenikov</i>. University of Ljubljana, Academy of Music.
13:55 – 14:15	LIA KATARINA KOMPAN ERZAR & PETRA BRDNIK JUHART Habe, K., Kompan Erzar, K. & Brdnik Juhart, P. (2025). <i>Glasba zdravi: vloga glasbe v pediatričnem okolju [online]. Znanstvena monografija</i>. University of Ljubljana, Academy of Music, and University of Primorska Press.

14:15 – 15:45

Lunch break

15:45 – 17:15

Symposium session 2

Primož Kuret Hall, Ground Floor

**Symposium 3:
Music Education and Positive
Outcomes in Adulthood**

ANA BUTKOVIĆ

*Faculty of Humanities and Social
Sciences, Zagreb, Croatia*

1. Marušić, I. & Šabić, J. *Initial
Motivation and Work Engagement in
Music Teachers: The Mediating Roles of
Self-Efficacy and Absorption into
Teaching*

2. Petrović, D. *When Musician and
Teacher Identities Meet: Motivational
Processes in Music Teachers’
Professional Persistence*

3. Sudar, D., Žauhar, V. & Butković, A.
*The Role of Music Education During
Lifetime for the Well-Being of Older
Adults*

Julij Betetto Hall, 1st Floor

**Symposium 4:
Music as a Facilitator
of Sustainability**

KATARINA HABE

*Academy of Music, University of
Ljubljana,
Ljubljana, Slovenia*

**1. Kompan Erzar, K.L. & Kobal
Grum, D.** *Evaluating Music
Interventions for Adolescents: A Well-
Being-Social Sustainability Toolkit*

2. Knoll, Š.L. *Music Therapy and
Sustainability – Systematic Review
Following PRISMA Guidelines,
Synthesizing Clinical and Sustainability
Perspectives.*

3. Blagojević, J. & Habe, K. *Music-
Based Interventions as Pathways to
Social Inclusion, Well-Being, and Social
Sustainability Among Vulnerable
Adolescents and Young Adults*

4. Ivec, A., Pučko, Š. & Habe, K.
*Sustainability in the Works of Slovenian
Composers*

**5. Pučko, Š., Kumar, U., Gorič, T. &
Habe, K.** *The Inclusion of Vulnerable
Groups in Slovenian Cultural Institutions
as a Factor in Social Sustainability*

Trio Lorenz Hall, 1st Floor

**Symposium 5:
Bridging Music, Autism, and
Neurodiversity-Affirming Research**

KAJA KOROŠEC

*Royal College of Music in Stockholm,
Stockholm, Sweden; Karolinska Institute,
Stockholm, Sweden*

1. Heaton, E.P. *Why Study Music and
Autism?*
Online presentation

2. Redondo Pedregal, C. & Heaton, P.
*The Musical Bridge: A Music-Based
Activity to Facilitate Emotion
Recognition and Understanding for
Autistic Adolescents*

3. Sevsšek, K. *Experience Matters?
Psychological Readiness of Teachers for
Inclusive Music Teaching and the Role of
Experience in Teaching Students with
Autism*

4. Korošec, K. *Building a Unified
Framework: Synthesizing the Lived
Musical Experiences of Autistic Adults*

17:15 – 17:30

Quick refreshment / movement break

17:30 – 19:00

Julij Betetto Hall, 1st Floor

**Round Table:
RNPam as a Road to Sustainable Regional Networking**

BLANKA BOGUNOVIĆ

Faculty of Music, University of Arts, Belgrade, Serbia

ENA BRDAR PLAKALO

Academy of Music, University of Sarajevo, Bosnia and Herzegovina

IVANA STEPANOVIĆ ILIĆ

Faculty of Philosophy, University of Belgrade, Serbia

KATARINA HABE

Academy of Music, University of Ljubljana, Slovenia

SANJA KIŠ ŽUVELA

Academy of Music, University of Zagreb, Croatia

THOMAS LENNIE

American University in Bulgaria, Bulgaria

19:00 – 20:30

Entrance Hall, Ground Floor

Guided tour through Ljubljana

Friday, October 16, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

9:00 – 10:00

Julij Betetto Hall, 1st Floor

Greeting music:

Dušan Velkavrh (1946 – 2016) and Jože Privšek (1936 – 1998): Nad mestom se dani

Saša Lešnjek, *vocal*
Prof. Jaka Pucihar, *piano*

Chair:

KATARINA HABE

University of Ljubljana, Academy of Music (SI)

Keynote speaker

DIANNA T. KENNY

University of Sydney (AU)

**Theorizing and Managing Music Performance Anxiety:
A Symphony of Subtypes**

10:00 – 10:30

Entrance Hall, Ground Floor

Coffee & tea

10:00 – 10:30

Primož Kuret Hall, Ground Floor

Coffee with Dianna T. Kenny

Chair:

ANA BUTKOVIĆ

*University of Zagreb, Faculty of Humanities and
Social Sciences (CRO)*

10:30 – 11:15

Workshop session 3

Julij Betetto Hall, 1st Floor

Workshop 7

TADEJA MRAZ NOVAK

University of Ljubljana, Faculty of Education, Slovenian Carl Orff Society (SDCO), Tončke Hočevar Community Care and Work Centre for Adults with Intellectual and Physical Disabilities, Ljubljana, Slovenia

Music Activities for Adults with Intellectual and Physical Disabilities: Emotional Regulation in Community Practice

Marijan Lipovšek Hall, 1st Floor

Workshop 8

SÍLVIA MENDONÇA

CESEM – NOVA FCSH, Lisbon, Portugal

Till Silence – Reimagining the Soundscape of Death

11:15 – 12:45

Oral presentations session 1

	<i>Julij Betetto Hall, 1st Floor</i>	<i>Marijan Lipovšek Hall, Ground Floor</i>	<i>Trio Lorenz Hall, 1st Floor</i>	<i>Primož Kuret Hall, Ground Floor</i>
	Online presentations²	Music and Well-Being	Processing Music	Music Performance
	<i>Chair:</i> VALNEA ŽAUHAR <i>University of Rijeka, Faculty of Humanities and Social Sciences (CRO)</i>	<i>Chair:</i> MARUŠA LAURE <i>University of Maribor, Faculty of Education (SI)</i>	<i>Chair:</i> RICHARD PARNCUTT <i>University of Graz, Department of Psychology (AU)</i>	<i>Chair:</i> ILONKA PUCIHAR <i>University of Ljubljana, Academy of Music (SI)</i>
11:15 – 11:30	From External Support to Artistic Autonomy: Adolescence in the Development of Organists' Musical Potential <i>Online presentation</i> Tjaša Drovenik Adamec, Bojan Kovačič	The Strong Effects of Music to Help Sleep: The Impact of Preference Rory Kirk, Renee Timmers	The Psychology of Music Within Bulgarian Arranged Folk Music: A Cross-Cultural and Neuroscientific Perspective Clément Baulot-Souckov	“Between Enthusiasm and Doubt”: The Attitude of Instrument Teachers Towards the Use of Digital Technologies in Music Education Daniel Eyer, Tina Bohak Adam, Matevž Pesek

² Due to the scheduling requirements of online presentations, this session is more thematically diverse. Thank you for your understanding.

11:30 – 11:45	The Paradox of Understanding Otherness in the Opera <i>The Knock</i> <i>Online presentation</i> Tamara Furlan	Who Do Serbian Adolescents Admire? Musicians as Role Models and Links to Well-Being and Risk Behaviours Ivana Stepanovic Ilic	Tonal Processing Across Auditory and Visual Modalities Ena Brdar Plakalo, Nerma Hodžić-Mulabegović, Senad Kazić	The Alexander Technique in Higher Music Education: Enhancing Musical Performance Through Embodied Awareness Nina Rotner
11:45 – 12:00	Piagetian Conservation in Music Listening: A Developmental Framework for Stylistic Sensitivity <i>Online presentation</i> Vesna Živković	Reframing Music Performance Anxiety: An Ecosystemic Study of Musical Performance Natalija Šimunović, Katarina Habe	Instrument-Specific Absolute Pitch: Mechanisms and Prevalence Across Musical Specializations Niels Christian Hansen, Mònica Tort, Angelos Thomas Karelias, Lindsey Reymore	Physical and Psychological Challenges in Music Performance: How to Deal with Performance Anxiety? Ivana Franceschi
12:00 – 12:15	A Case Study Investigating Intermediate Musicians and the Effects of a Practice Diary on Practice Behaviours and Self-Regulated Learning <i>Online presentation</i> Peter Weinert, Matthew McGrory	“Comfortably Numb”: Attachment Patterns and Music-Based Mood Regulation in Adolescence Andela Milošević	Exploring Eye Movement Patterns During Analysing Music and Piano Sight-Reading Among Music Students in Croatia Sanja Kiš Žuvela, Ivor Prajdić	Music in Everyday Life: How Daily Musical Experiences Shape Emotion and Social Feeling Agnieszka Siry, Romuald Polczyk
12:15 – 12:30	Temporal Experience During Jazz Improvisation: External Structure Versus Internal Engagement <i>Online presentation</i> Lígia Borges Silva, Pedro Palhares, Luis Castro, Óscar Gonçalves	Music Therapy as a Psychosocial Intervention in the Treatment of Substance Use Disorders Špela Repar	The Effect of Cognitive Training on the Reproduction of Musical Notation in a Musical Memory Task Senka Vasović, Milica Popović Stijačić	1-0 for Orff – Do Game Situations Promote Performance? Discussion of Study Results on the Internalization of Elemental Musical Skills Werner Rohrer
12:30 – 12:45	Permission to Fail: Cultivating Positive Performance Experiences Through Improvisational Theatre <i>Online presentation</i> Jenifer Yáñez Villahermosa	Perceived Benefits of Choral Singing and Well-Being Among Youth: Gender Differences Jovana Blagojević, Katarina Habe		Piano Performance of Béla Bartók’s Two Elegies. Using References Toward Modelling an Integrative Practice Perspective of Musical Components and Their Expressivity – A Case Study Maria Bernardete Castelan Póvoas

12:45 – 13:00	Choosing a Classical Music Career: Motivational Dimensions and Mental Well-Being Among Hungarian Music University Students <i>Online presentation</i> Judit Váradi	12:45 – 13:00 Quick refreshment / movement break
13:00 – 14:00 <i>Hall, Ground Floor</i> <i>Chair:</i> ŠPELA PUČKO <i>University of Ljubljana, Academy of Music (SI)</i> <u>Poster session</u>		
Troubadour, a Music-Theory Enhancer Application: Staying in Touch with Music and Learning Music Theory Jure Juvan, Bor Pangeršič, Maja Ambrožič, Marija Absec, Matija Marolt, Klara Žnideršič, Matevž Pesek Modern Approaches to Accessing Audio Materials and Their Use by Music Teachers in Slovenia Neža Kavčič, Tina Bohak Adam The Latent Structure of the Serbian Translation of Krause et al.'s Scale for Assessing Well-Being Benefits of Music Participation Dejana Mutavdžin, Ana Altaras Relational Needs Satisfaction and Flow Experience Among Choral Singers Karolina Marc Mejias, Boštjan Bajec, Katarina Habe Maladaptive Perfectionism and Music Performance Anxiety in Music Students: The Mediating Role of Impostor Syndrome Petra Štibelj, Gaja Zager Kocjan, Katarina Habe The Impact of Participation in Youth Opera on Adolescents' Social and Emotional Learning Ajda Vardjan Dynamics of Lived and Re-Lived Experiences in Self-Selected Emotionally-Moving Musical Moments Caroline Owen, Andrea Schiavio Promoting Mindfulness in Primary Schools through Music Anja Vodošek, Špela Pučko		The Connection Between Personality Characteristics and the Emotions Experienced While Listening to Music Brina Zamrnik, Andreja Avsec, Katarina Habe, Sara Mihalič, Matevž Pesek, Anka Slana Ozimič Trubadurček: Interactive Platform for Early Music Education Maja Ambrožič, Matevž Pesek, Jure Juvan From Concert to Cubicle: Associations Between Recovery Experiences at Live Music Events and Next-Day Work Functioning Sara Bugarinović, Eva Boštjančič Perception of Emotion in Classical Singers' Audio, Body Language, and Facial Expressions Julie Howard, Anika Hendriksen Music, Prosociality, and Prejudice: Conditions and Psychological Mechanisms Agnieszka Siry, Romuald Polczyk Professor Support, Self-Efficacy, and Musical Performance Anxiety Ema Petavar, Gaja Zager Kocjan, Katarina Habe Observing Well-Being in a Paediatric Waiting Room: Baseline Findings Informing the Development of Music Interventions Peter Šušteršič, Miha Vidrih Interpretative Processes in Children's Choirs Doris Keršič

From Confidence to Anxiety: The Role of Self-Esteem in Stage Performance Anxiety among North Macedonian Musicians of Different Genders Simona Jovcevska Petrovski , Jasna Dimitrovska International Musicians' Health Project Aleksandra Fedorova		Lullabies and Children's Psychological Well-Being in Paediatric Hospitals: A PRISMA Systematic Review Katarina Benedik Kafol , Katarina Habe A Multilevel Management Model of Performance Anxiety in Music Based on a Neuroscience Framework Jiazhe Zhang		
14:00 – 15:30 <u>Lunch break</u>				
15:30 – 16:30 <u>Oral presentations session 2</u>				
	<i>Breda Oblak Hall, 3rd Floor</i> Music Potential and Development <i>Chair:</i> PETRA BRDNIK JUHART <i>University of Ljubljana, Faculty of Education (SI)</i>	<i>Marijan Lipovšek Hall, 1st Floor</i> Music Performance <i>Chair:</i> BLANKA BOGUNOVIĆ <i>University of Arts, Faculty of Music, RNPam Coordinator (SRB)</i>	<i>Trio Lorenz Hall, 1st Floor</i> Processing Music <i>Chair:</i> SANJA KIŠ ŽUVELA <i>University of Zagreb Academy of Music, Department of Musicology (CRO)</i>	<i>Primož Kuret Hall, Ground Floor</i> Processing Music <i>Chair:</i> ANJA PAHOR <i>Brain Game Center, University of Maribor, Faculty of Arts (SI)</i>
15:30 – 15:45	Self-Determination Theory as a Framework for a Pre-Dropout Intervention in Music Education Ana Kavčič Pucihar , Katarina Zadnik, Brina Zamrnik, Petja Plamberger	Critical Issues in Music Higher Education (HE) Pedagogy and Policy: An Exploration of Music Performance Anxiety (MPA) in HE Vocal Students Yi Wang	Feeling in Real Time vs Faking Feelings or The Limits of AI in Music Performance? László Stachó	Feasibility and Usability of a Remotely Delivered, Scalable Attention-Based Music Listening Intervention for Older Adults Maruša Laure , Cloie Dobias, Aleš Maurič, Federick Gallun, Aaron Seitz, Susanne Jaeggi
15:45 – 16:00	Self-Assessment During the Development of Musical Skills in the University Classroom Gabrielle Kaufman , Marta Dosaiguas	Rethinking Music Performance Anxiety: Improvisation, Musical Identity, and Evaluative Performance Contexts Jiarui Bella Zhang	The Archetype Role of Gregorian Chant: Liturgical Inculturation Between Theological Ideal and Pastoral Reality Cecilija Oblonšek	Sacred Organ Music in the Vatican Setting: Cellular Homeostasis, Health and Longevity Implications Yelena Istileulova , Veronika Kralj-Iglič, Gregor Klančič

16:00 – 16:15	Sounding Myself: Musical Creativity of Young People in the Digital Age Jelena Martinović- Bogojević	How Does Listening to Grieg and Shostakovich Affect Adolescents’ Feelings During Music Lessons? Valnea Žauhar , Sabina Vidulin, Marlena Plavšić	Music and Cognition During Infancy and Beyond Elif Özgür , Federica Vignali, Ulrike Frischen, Franziska Degé, Gudrun Schwarzer	Harmonics of Reality: From Musical Acoustics to Quantum Fields and the Cosmos Brij Kishor Jashal
16:15 – 16:30	And Where is the Creativity? A Qualitative Analysis of Teachers’ Perspectives on Creative Processes in Music Marina Novak	The Ensemble of Expertise: A Transdisciplinary Team Approach for Musicians’ Rehabilitation Following Occupation-Related Injury Bridget Rennie-Salonen , Bronwen Ackermann	Overview of HUMS - Descriptive Review of Research Citing the Healthy-Unhealthy Music Scale Suvi Saarikallio , Michael Silverman, Julia Vigl, Lana Lee, Michelle Whetsell	Why Speech and Music Differ in Transmission Range as a Result of the Evolutionary Changes of Their Distinct Processing and Production Mechanisms Piotr Podlipniak

16:30 – 17:00

Quick refreshment / movement break

17:00 – 18:30

Julij Betetto Hall, 1st Floor

Music Programme: The musical *Annie and Mary*

**Music School Horjul
&
Students of Academy of Music University of Ljubljana**

This heartwarming and lively musical tells the story of Annie and Mary, two young orphaned sisters who dream of a better life. Their optimism and kindness inspire hope and courage as they search for their family, discovering the true meaning of friendship and family along the way. The story emphasizes the importance of maintaining hope and positivity throughout life, regardless of circumstances. When Annie and Mary arrive at the house of Mr Warbucks, the gloomy, wealthy businessman, they bring a renewed sense of optimism to his life. This leads him to set his sights on creating a brighter future for the children in the orphanage.

Collaboration project
Project-based learning in music school through the realization of a musical

Javni razpis Problemsko učenje študentov v delovno okolje: gospodarstvo, negospodarstvo in neprofitni sektor v lokalnem/regionalnem okolju 2024-2027



REPUBLIKA SLOVENIJA
MINISTRSTVO ZA VISOKO ŠOLSTVO,
ZNANOST IN INOVACIJE



Sofinancira
Evropska unija

19:00 – 23:00

Conference dinner

Slamič
Kerniskova ulica 1
1000 Ljubljana

Saturday October 17, 2026

Academy of Music, University of Ljubljana
Kongresni trg 1, 1000 Ljubljana

9:00 – 10:00

Julij Betetto Hall, 1st Floor

Greeting music:

Peter Šavli (1961): Etuda št. 3

Carintia duo (Alenka Jezernik and Neža Jezernik, percussion)

Mentors: Prof. Simon Klavžar and Prof. Jože Bogolin

Chair:

KATARINA BABNIK

University of Ljubljana, Faculty of Arts (SI)

Keynote speaker

ANA BUTKOVIĆ

Faculty of Humanities and Social Sciences, University of Zagreb (CRO)

**Individual Differences and Perspectives in Music Research
and the Social Sustainability Goal of Well-Being**

10:00 – 10:30

Entrance Hall, Ground Floor

Coffee & tea

10:00 – 10:30

Primož Kuret Hall, Ground Floor

Coffee with Ana Butković

Chair:

JELENA MARTINOVIĆ BOGOJEVIĆ

University of Montenegro, Music Academy (MNE)

10:30 – 11:15

Workshop session 4

<i>Julij Betetto Hall, 1st Floor</i> <u>Workshop 9</u> ILONKA PUCIHAR <i>University of Ljubljana, Academy of Music, Ljubljana, Slovenia</i> Embodied Music Making: A Body-Mind Centering® Approach for Musicians	<i>Primož Kuret Hall, Ground Floor</i> <u>Workshop 10</u> JAKA VID ŠKAPIN <i>The Well: Global Vocal Improvisation Network, Ljubljana, Slovenia</i> Voice and Movement Improvisation as a Health and Care Practice of Holistic Well-Being	<i>Marijan Lipovšek Hall, 1st Floor</i> <u>Workshop 11</u> ARIJAN MAČAK <i>University of Ljubljana, Academy of Music, Ljubljana, Slovenia</i> ANA KAVČIČ PUCIHAR <i>University of Ljubljana, Academy of Music, Ljubljana, Slovenia</i> Playing by Heart: Memorization as Artistic Freedom in Saxophone Performance
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11:15 – 12:30

Oral presentations session 3

	<i>Julij Betetto Hall, 1st Floor</i> Online presentations³ <i>Chair:</i> SUVI SAARIKALLIO <i>University of Jyväskylä, Department of Music, ESCOM President (FIN)</i>	<i>Marijan Lipovšek Hall, 1st Floor</i> Music and Well-Being <i>Chair:</i> ŠPELA LOTI KNOLL <i>Institute Knoll for Music Therapy and Supervision (SI)</i>	<i>Trio Lorenz Hall, 1st Floor</i> Music and Well-Being <i>Chair:</i> JOVANA BLAGOJEVIĆ <i>University of Novi Sad, Faculty of Education in Sombor (SRB)</i>	<i>Primož Kuret Hall, Ground Floor</i> Music and Social Context <i>Chair:</i> KATARINA LIA KOMPAN ERZAR <i>University of Ljubljana, Faculty of Theology (SI)</i>
11:15 – 11:30	Circle Singing in Higher Education: An Empirical Study on English Pronunciation, Aural Perception Skills, and Well-Being Giuseppe Pantano, Susanna Zanella Cavallero, Amalia Lavinia Rizzo	Role of Music Therapy in the Development of Language Skills in Children with Autism Spectrum Disorder: A Systematic Literature Review Lucija Mlakar, Vesna Posavčević	Music-Based Loneliness Regulation: A Mixed- Methods Survey Identifying Affective and Affiliative Pathways Jenny Groarke, Suvi Saarikallio, Phoebe McKenna-Plumley	The Social-Emotional Skills and Well-Being of Roma Children – Can Music Make a Difference? Blanka Bogunović, Ivana Stepanović Ilić, Anđela Milošević, Tara Veljković, Maša Brkanović, Emilija Maksimović

³ Due to the scheduling requirements of online presentations, this session is more thematically diverse. Thank you for your understanding.

11:30 – 11:45	Learning from Non-WEIRD Communal Musicking: Towards Intercultural Frameworks of Music for Well-Being <i>Online presentation</i> Vanessa Rogeiro	Using Elements of Music Therapy in Piano Education in Working with Children with Autism Spectrum Disorders Marija Čikara	Music and Well-Being – Mental, Physical and Social Alma Zubović	Universals and Archetypes in Music Leon Stefanija
11:45 – 12:00	Cognitive and Prosocial Effects of Daily Choral Singing at School <i>Online presentation</i> Cédric Hubert, Aline Frey	Singing and Vocal Expression in Musical Arts Assistance: A Theoretical Review Blažka Garmut	The Relationship Between Socio-Emotional Contributors to Musical Success, Musical Success and Psychological Well-Being Dejana Mutavdžin, Ana Altaras	Exploring Factors that Shape Early Adolescents' Interest in General Music Education Petra Brdnik Juhart, Barbara Sicherl Kafol
12:00 – 12:15	Supporting Bow Control Through Qigong: A Case Study on Postural–Motor Integration in a Violinist with Dyslexia <i>Online presentation</i> Susanna Zanella Cavallero, Giuseppe Pantano, Amalia Lavinia Rizzo	Musical Experience in Vincent d'Indy's Thought: From the Concept of Emotion to Phenomenological Perspectives Elena Rovenko	Changes in the Reactions of People with Dementia Within and Between Individualized Music Listening Sessions Lisa Fischer, Lisette Weise, Gabriele Wilz	Music Criticism and Psychology in German-Language Discourse Around 1920 Ya'qub Yonas N. El-Khaled
12:15 – 12:30	The Association Between Everyday Music Listening and Mental Health in Adults with Hearing Loss – A Survey Study <i>Online presentation</i> Addie Beckwith, Duncan Williams, Robert Bendall	Health Promotion in Music Education: Musicians' Health Literacy as a Conceptual Framework Bridget Rennie-Salonen, Suzanne Wijsman, Alison Evans	“The Answer is Blowing in the (Wood)Wind”: Inconsistent Instrument Hygiene May Be Associated with Respiratory Illness in Wind Players Gerard Breden Madden, Steffen A. Herff, Eckart Altenmüller, Maria Schuppert, Michael Pfeifer, Hans-Christian Jabusch	Multimodal Communicative Scaffolds in Music and Language Luis Alejandro Villanueva

12:30 – 12:45	Longitudinal Patterns in Contextual and Holistic Self-Regulated Learning and Their Relationship to Significant Events: A Bayesian Analysis <i>Online presentation</i> Peter Weinert , Trevor Hefley, Abraham Arbelaez	12:30 – 13.00 Quick refreshment / movement break		
12:45 – 13:00	Exploring Individual and Age-Related Differences in Children’s Music-Inspired Narratives <i>Online presentation</i> Caroline Owen , Andrea Schiavio			
13:00 – 14:00 <u>Oral presentations session 4</u>				
	<i>Breda Oblak Hall, 3rd Floor</i> Music and Social Context <i>Chair:</i> KATARINA BOGUNOVIĆ HOČEVAR <i>University of Ljubljana, Faculty of Arts (SI)</i>	<i>Marijan Lipovšek Hall, 1st Floor</i> Music and Social Context <i>Chair:</i> LEON STEFANIJA <i>University of Ljubljana, Faculty of Arts (SI)</i>	<i>Trio Lorenz Hall 1st Floor</i> Music and Well-Being <i>Chair:</i> KAJA KOROŠEC <i>KMH Royal College of Music (SE)</i>	<i>Primož Kuret Hall, 1st Floor</i> Music and Affect <i>Chair:</i> CLOIE DOBIAS <i>Northeastern University, Boston, MA (USA)</i>
13:00 – 13:15	Increasing Social Cohesion through Improvisation in 5th Grade Music Classrooms Alja Krevel , Katarina Habe, Jerneja Žnidaršič	Does Playing Music Predict Young Adults’ Political Attitudes? Findings from the Socio-Economic Panel Study (SOEP, 2001-2021) Gunter Kreutz , Naomi Ziv, Michael Feldhaus	The Mysterious Effects of Standing Bells: Do They Activate a Prenatal Schema? Richard Parncutt	Late Adolescents as Advisors: A Developmental Perspective on Implicit Theories of Music-Based Emotion Regulation Andela Milošević

13:15 – 13:30	Collaborative Pedagogy in Music Education: A Study of Project-Based Learning via Musical Theatre Ilonka Pucihar , Katarina Zadnik, Ajda Furlan, Zarja Škaper	The Sensitive Soldier: The Effect of Playing Music and Military Uniform on Women's Attraction Ratings of a Young Male Naomi Ziv , Gilad Eisenberg	Emotion Regulation Through Everyday Music Listening: Experience Sampling of European Youth William Randall , Margarida Baltazar, Anastasios Mavrolampados, Suvi Saarikallio	Music as Access to Archetypal Content: A Systematic Dream Analysis Approach Helena Dukić Satinović
13:30 – 13:45	Micro-Strategies for Psychological Safety in Inclusive Children's Opera Rehearsals: A Brundibar Case Study Within the Music of Hope Programme (Serbia) Đurda Papazoglu	Musical Neuroaesthetics Žiga Stanič	The Role of Music Listening in Supporting Identity in Women Undergoing Treatment for Breast Cancer Brigita Vilč , Mislav Galić, Ivan Milas, Goran Šimić, Marina Šagud	Musical Emotions and Semantics Konstantin Zenkin
13:45 – 14:00	Teaching Music to Children with Autism Spectrum Disorder: From Individual to Group Setting – A Case Study Radmila Knežević	Reducing Barriers to Classical Music Listening: Audience Engagement through the "1, 2, 3 ... bis!" Podcast of the Slovenian Philharmonic Tea Gorič , Sonja Sibila Lebe	Feeling Good, Doing Well: Music Listening as a Resource to Support Hedonic and Eudaimonic Well-Being Margarida Baltazar , Friederike Koehler, Suvi Saarikallio	Embodied Microtonal Practice and Affective Learning Strategies in Advanced Jazz Musicians Philipp Gerschlauer

14:00– 14:15

Julij Betetto Hall, 1st Floor

Conference closing

Music Programme:

Nina Šenk (1982): Faze vode, 2. movement

Saxophone Quartet

Mentor: Prof. Miha Rogina

Speech:

KATARINA HABE

Chair of the Organizing Committee, University of Ljubljana, Academy of Music (SI)

Music Programme:

Milko Lazar (1965 – 1991): Saksofonski kvartet št. 1, 2. movement

Saxophone Quartet

Mentor: Prof. Miha Rogina